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A SENSITIVE MICROTITRE PLATE ENZYME IMMUNOASSAY  
OF OESTRADIOL-17 $\beta$  IN THE COW AND MARE

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ABSTRACT

Microtitre plates were coated with antiserum against oestradiol-17 $\beta$ -6-(0-carboxymethyl)-oxime bovine serum albumin raised in sheep. The plasma samples (0.2-1.0 ml) were extracted with peroxide-free diethyl ether prepared daily by treatment with Al<sub>2</sub>O<sub>3</sub>. The enzyme conjugate was prepared by coupling oestradiol-17 $\beta$ -6-(0-carboxymethyl)-oxime to horse-radish peroxidase. The conjugate was chromatographed on a Sephadex G-25 column. The standard curve ranged from 0.37 to 18.40 fmol/well of oestradiol-17 $\beta$ . The amount of oestradiol-17 $\beta$  causing a 50% reduction of maximum binding was 4.4 fmol/well.

Standards and samples were incubated overnight at 4°C. The conjugate solution was added followed by further incubation for 2 h at 4°C. Tetramethylbenzidine was used as a chromogen, and the optical density was measured at 450 nm. The patterns of oestradiol-17 $\beta$  during a normal oestrus cycle in the cow and mare are presented.

INTRODUCTION

In radioimmunoassays of steroids the specific activity of the tritium-labelled tracer is a limiting factor for the sensitivity of the test. An increase of assay sensitivity is possible

through introduction of either radioiodine-labelled tracers or enzyme-labelled tracers. Although several studies dealing with enzyme immunoassay of oestrogens have been published (4-8), none of them is sensitive enough to measure oestradiol-17 $\beta$  in the non-pregnant cow or mare. In this paper we describe a highly sensitive enzyme immunoassay for oestradiol-17 $\beta$  in blood plasma, which is suitable for use in these species.

### MATERIALS AND METHODS

#### Preparation of Antiserum

Antiserum, obtained from Boilert et al. (9), was raised in sheep against oestradiol-17 $\beta$ -6-(0-carboxymethyl)-oxime-bovine serum albumin conjugate. The antiserum was purified by us on a Sephacryl-S-300 (Pharmacia, Sweden) column, 2.6x90 cm, and eluted with 0.05 M Tris-HCl buffer, pH 7.4. The immunoglobulin fractions were pooled and concentrated to the initial antiserum volume and transferred to a new buffer solution (0.04 M phosphate-buffered saline, pH 7.0) using Amicon filter equipment (Danvers, MA, USA). Finally, the antiserum solution was lyophilized in small aliquots from which the stock solution, diluted 1:1000 in assay buffer, was prepared and kept at 4°C.

#### Preparation of the Enzyme Conjugate

Oestradiol-17 $\beta$ -6-(0-carboxymethyl)-oxime (E<sub>2</sub>-6-CMO) (Steroids, Witton, N.H., USA) was conjugated to horse-radish peroxi-

dase (HRP, RZ-3, Sigma, St. Louis, MO, USA) using the mixed anhydride reaction modified by Dawson et al. (10). E<sub>2</sub>-6-CMO, 18.6 mg, was dissolved in 1 ml of dimethylformamide and 7.5  $\mu$ l of methylmorpholine. The mixture was cooled to -15°C, and 6.5  $\mu$ l of sec-butylchloroformate added, and the content then stirred for 3 min. Thereafter, the HRP solution (100 mg HRP in 1 ml distilled water and 0.75 ml dimethylsulphoxide) was added dropwise and stirring continued at -15°C for 60 min and at 0°C for 120 min. Then 10 mg of NaHCO<sub>3</sub> was added. The conjugate mixture was dialyzed against distilled water and filtered through a Sephadex G-25 column (1.0x10.0 cm) to separate enzyme-labelled from non-enzyme-labelled oestradiol. The enzyme conjugate fractions were pooled and stored in small aliquots at -70°C. A stock solution of the HRP-oestradiol conjugate diluted 1:10 in assay buffer (0.04 M Na<sub>2</sub>HPO<sub>4</sub>/0.15 M NaCl, pH 7.2, containing 0.1% BSA and 0.02% Thimerosal), was kept at 4°C and diluted further in the same buffer to 1:40,000 just prior to use.

#### Procedures for Purification of Diethyl Ether and Extraction

Peroxide-free diethyl ether was prepared daily by purification on an Al<sub>2</sub>O<sub>3</sub> 90 active basic (technical information, Merck, Darmstadt, FRG) column (1.5x10.0 cm). About 30 g of Al<sub>2</sub>O<sub>3</sub> is required for purification of 250 ml of diethyl ether (analytical grade, 0.01% water, Merck). All blood plasma extractions were performed twice with 2 ml of ether and shaken by hand for 1 min

each time. Then the tubes were placed in a methanol bath ( $-20^{\circ}\text{C}$ ). The organic phases were decanted, pooled and evaporated under a stream of air. The extraction recovery was estimated by adding tritium-labelled oestradiol- $17\beta$  (7000 dpm) to samples of calf plasma.

### Assay Procedure

All glassware used was thoroughly rinsed in 96% ethanol. Flat-bottomed microtitre plates (M 129B, Dynatech Lab. Ltd., Sussex, UK, and Cat. No. 3590, Costar Co, Cambridge, MA, USA) were coated with 100  $\mu\text{l}$  of purified oestradiol antiserum diluted 1:500 000 in coating buffer (0.05 M  $\text{Na}_2\text{CO}_3/\text{NaHCO}_3$ , pH 9.6) The plates were incubated overnight at  $4^{\circ}\text{C}$ . Just before assay, the coated plates were washed 3 times with 400  $\mu\text{l}$  per well of washing liquid (0.05% Tween 80 in saline). Standards and samples were analyzed in quadruplicates, and aliquots of 100  $\mu\text{l}$  were transferred to each well. The standards prepared in fresh assay buffer contained 0, 0.37, 0.92, 1.84, 3.68, 9.19 and 18.4 fmol/100  $\mu\text{l}$ . The evaporated extract from 1 ml plasma was dissolved in 500  $\mu\text{l}$  of fresh assay buffer, and 100  $\mu\text{l}$  per well of this solution was analyzed. For the quality control pooled samples of low, medium and high levels of oestradiol- $17\beta$  were analyzed on every plate. The plasma with the low concentration of oestradiol- $17\beta$  (approx. 9 pmol/l) was prepared by charcoal treatment (50 mg/ml plasma). The plates were covered with self-adhesive plastic sheet (x-film,

Overath, FRG) and incubated overnight at 4°C. A cold (4°C) solution of the oestradiol-HRP conjugate, 50 µl per well, was then added and the incubation continued at 4°C for 2 h. After the plates had been washed (3x400 µl/well) 150 µl substrate solution (25 ml 0.1 M acetate/citrate buffer, pH 5.5; 100 µl 1% H<sub>2</sub>O<sub>2</sub>; 300 µl of 6% tetramethylbenzidine solution in dimethylsulfoxide) was added and the plates were incubated for 40 min in the dark at room temperature. The enzyme reaction was stopped by adding 50 µl of 2 M H<sub>2</sub>SO<sub>4</sub> (3). The optical density was then measured at 450 nm (Multiscan, Dynatech).

### Blood Samples

Daily blood samples (7-10 ml) were collected in heparinized tubes from the jugular vein of a postpartum cow and a mare with regular oestrous cycle. The blood was immediately centrifuged and the plasma stored at -20°C until assayed.

### Radioimmunoassays

Procedures for radioimmunoassay of progesterone (11) and LH (12) in bovine plasma and radioimmunoassay of progesterone and oestrone sulphate in equine plasma (13) have been described earlier.

## RESULTS

### Validation of Assay

A mean standard curve for oestradiol-17β, calculated from 18 assays, is shown in Fig. 1. The sensitivity of the assay, calcu-

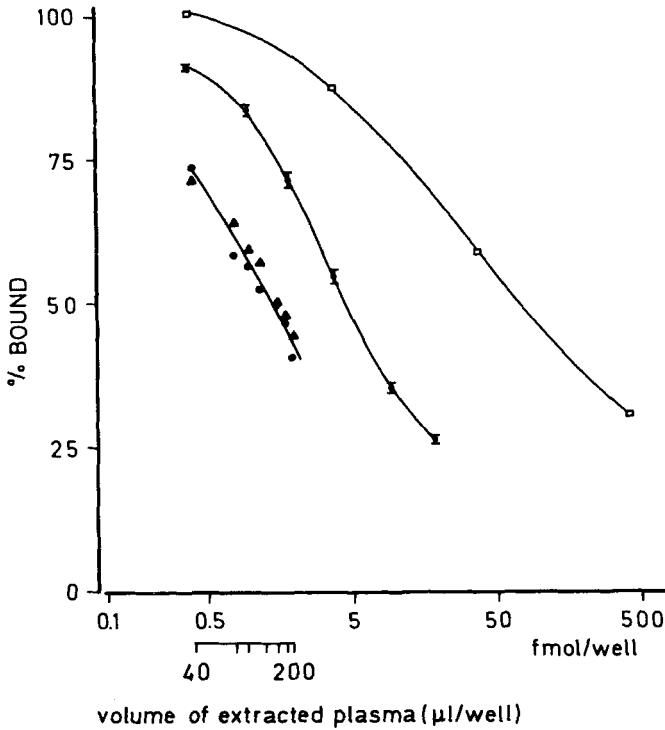


FIGURE 1. Standard curve for oestradiol-17 $\beta$  (●, mean $\pm$ S.E.M., n=18), the cross reaction of oestrone (□) and the dilution curve of extracted plasma (●, plasma no. 1; ▲, plasma no. 2).

lated from the precision profile, was 0.22 fmol/well (1.1 pmol/l). The amount of oestradiol-17 $\beta$  causing a 50% reduction of maximum binding in the standard curve was 4.4 fmol/well. The relative cross-reactions of the antibody were 7% with oestrone (Fig. 1), 1% with oestradiol-17 $\alpha$ , 0.3% with oestriol, 0.1% with

oestrone sulphate and less than 0.01% with cortisol, progesterone and testosterone (data not shown). A dilution curve of extracted plasma (from 200  $\mu$ l to 40  $\mu$ l) from a heifer in oestrus was parallel to the standard curve (Fig. 1). The same parallelism was obtained with equine and mink plasma (data not shown).

Known amounts of oestradiol-17 $\beta$  were added to plasma containing 1063 fg/well (19 pmol/l) of oestradiol-17 $\beta$  and the results are given in Table 1. The recovery of oestradiol-17 $\beta$  ranged from 82.0% to 103.0% with an average of 94.0 $\pm$ 7.0%.

The average extraction recovery of tritium-labelled oestradiol-17 $\beta$  added to 1 ml of bovine plasma was 92.0 $\pm$ 1.0%. The same extraction recovery was obtained when the shaking was done with a Multi-tube vortexer SMI (Dade, CA, USA). Less than 0.2% of tritium-labelled oestrone sulphate was extracted using diethyl ether.

No measurable oestradiol could be found in extracted water.

The intra-assay (intra-plate) coefficients of variation of the optical density at 0, 22.5 and 90 pmol/l varied between 6.2 and 7.3% (Table 2). Precision profile of our assay indicated that the coefficient of variation decreased from 20% at 5 pmol/l to 17% at 10 pmol/l and remained below 15% for concentrations exceeding 20 pmol/l.

The inter-assay coefficients of variation for the quality control samples containing low, medium and high levels of oestradiol-17 $\beta$  were 27.1%, 12.9% and 5.9%, respectively (Table 3).



TABLE 1

Recovery of Oestradiol-17 $\beta$  Added to Bovine Plasma

	Added E <sub>2</sub> -17 $\beta$ fg/well	Found E <sub>2</sub> -17 $\beta$ fg/well	Recovery %
Plasma	-	1063	100
	100	955	82
	200	1078	85
	500	1532	98
	1000	1909	93
	2000	3142	103
	3000	4018	99
	4000	4916	97
	5000	5796	96
			$\bar{x}=94\pm 7\%$

Plasma Oestradiol-17 $\beta$  Concentration

To evaluate the assay, oestradiol-17 $\beta$  levels during the first normal luteal phase in a postpartum cow were determined (Fig. 2). The preovulatory LH peaks followed by the normal progesterone increase were recorded on days 22 (data not shown) and 44 post partum. Two oestradiol-17 $\beta$  peaks (26 and 33 pmol/l,

TABLE 2

The Intra-assay Variation in the Enzyme Immunoassay of Oestradiol-17 $\beta$

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absorbance	1.434	0.512	0.264
pmol/l	0	22.5	90
n	96	96	96
SD	0.089	0.037	0.018
CV%	6.2	7.2	6.8

---

TABLE 3

The Inter-assay Variation in the Enzyme Immunoassay of Oestradiol-17 $\beta$

---

pmol/l	8.5	14.0	28.9
n	8	8	8
SD	2.3	1.8	1.7
CV%	27.1	12.9	5.9

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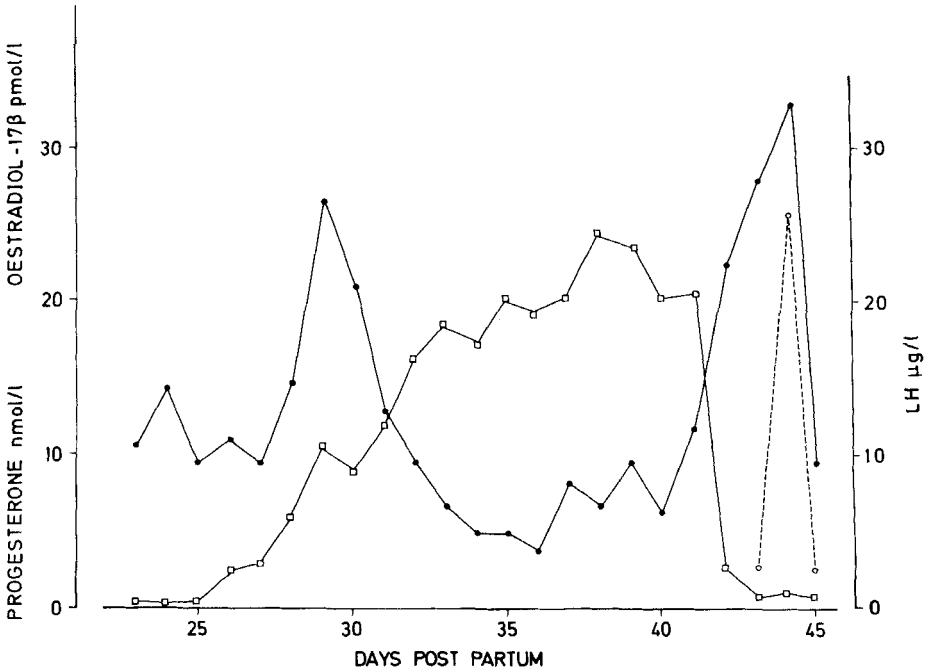


FIGURE 2. Plasma oestradiol-17 $\beta$  (●), progesterone (□) and LH (○) levels during the first normal luteal phase in a postpartum cow.

respectively) were recorded: the first occurred 7 days after the LH peak and the second occurred simultaneously with the next preovulatory LH surge on day 44. The basal level of oestradiol-17 $\beta$  fluctuated between 3 and 14 pmol/l.

The maximum plasma oestradiol-17 $\beta$  observed on day 4 of the oestrous cycle in the mare was 120 pmol/l (Fig. 3). The mid-luteal levels of oestradiol-17 $\beta$  varied between 20 and 40 pmol/l.

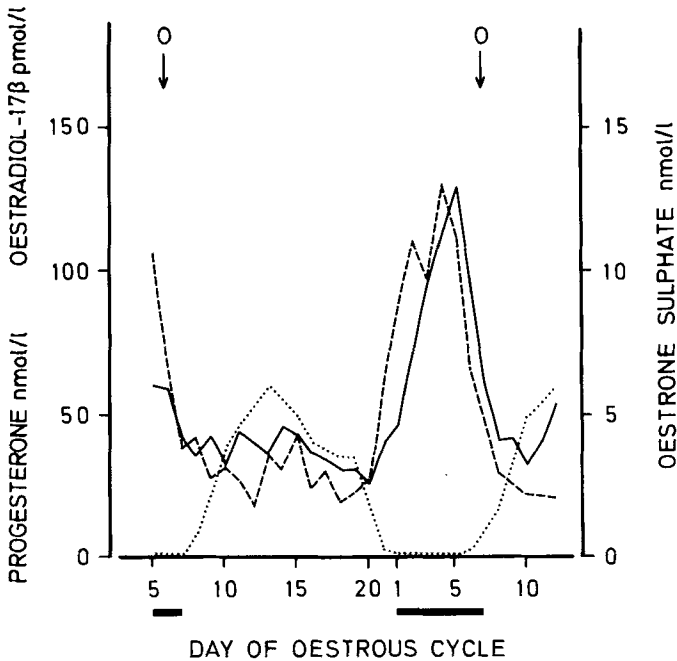


FIGURE 3. Plasma oestradiol-17 $\beta$  (---), oestrone sulphate (—) and progesterone (...) levels during the oestrous cycle in one mare. The horizontal black bars indicate oestrus; arrows denote the time of ovulation.

Fig. 3 also depicts the plasma levels of oestrone sulphate in the same mare. The oestrone sulphate level started to increase one day before the onset of oestrus and reached its maximum on day 5 of the oestrous cycle (12 nmol/l). The basal level of oestrone sulphate varied between 2 and 4 nmol/l.

### DISCUSSION

This enzyme immunoassay for determination of oestradiol-17 $\beta$  is very sensitive, allowing a substantial reduction of the plasma volume required for extraction. The sensitivity, 0.22 fmol (1.1 pmol/l) per assay unit, is better than that reported by Lindberg et al. (1) using a radioiodine-labelled tracer and the same oestradiol-17 $\beta$  antiserum. When the antiserum was used in radio-immunoassay with tritium-labelled tracer the practical detection limit was 25 pmol/l (14). Indeed, a 20-fold increase of the sensitivity was achieved by introducing the enzyme-labelled tracer. This finding agrees with those described for progesterone by van de Wiel and Koops (3). Recently Roda et al. (15) developed a direct chemiluminescent assay and Maurel et al. (16) a fluorescent enzyme immunoassay of oestradiol-17 $\beta$  with almost the same detection limit as the present assay (0.55 fmol/ tube and 0.37 fmol/well, respectively).

The findings of no measurable oestradiol-17 $\beta$  when assaying water is in agreement with Peters (17) and Saumande and Batra (18), who also reported that the water samples did not decrease the maximum binding.

Van de Wiel and Koops (3) reported that a second coating of the wells with bovine serum albumin solution reduced non-specific binding of the conjugate to the surface of the plate. In contrast, we found that a second coating of the wells with bovine serum albumin solution had no influence on either the intra-assay variation or the standard curve.

The accuracy and precision of the test is strongly affected by the quality of the microtitre plate. Hence, a batch of microtitre plates was only accepted for assay when one or two randomly selected plates showed an intra-assay coefficient of variation at maximal binding (absorbance at least 0.9) lower than 7%. Only the microtitre plates from Dynatech and Costar fulfilled our requirements, so far.

The concentrations of oestradiol-17 $\beta$  during a normal luteal phase in the cow are very similar to those published earlier (e.g. 19,20,21).

The maximum concentrations of oestradiol-17 $\beta$  found here in the mare at oestrus are somewhat lower than those reported by Pattisson et al. (22), but almost the same as those reported by Nelson et al. (23). However, the basal level of oestradiol-17 $\beta$  during the luteal phase of the oestrous cycle was about half that reported by Nelson et al.(23), who used the same oestradiol-17 $\beta$  antiserum. It is interesting to note the good agreement between the oestradiol-17 $\beta$  and oestrone sulphate pattern during the oestrous cycle in the mare. The concentration of oestrone sulphate is 100 times higher than that of oestradiol-17 $\beta$ . Still this high level of oestrone sulphate will not affect the oestradiol determination because only 0.2% is extracted using diethyl-ether and the cross-reactivity of the present antiserum to oestrone sulphate is 0.1%.

It is well known that in steroid assays, the sensitivity of the assay is improved by the use of a heterologous "bridge system" (24-27). It can also be improved by a homologous bridge system but with different configurations at the site of attachment (28,29). However, in some instances (i.e. testosterone assay: 29) the use of a homologous bridge system with the same configurations resulted in a very sensitive assay. The homologous system for oestradiol-17 $\beta$  employed here support these findings of Webb et al. (29).

In conclusion, the microtitre plate enzyme immunoassay described here is suitable for measuring oestradiol-17 $\beta$  in a small volume of bovine or equine plasma. Consequently, it is also possible to apply this technique to study the pattern of oestradiol in relatively small animals, e.g. mink. Moreover, the determination of steroids by enzyme immunoassay is relatively inexpensive and rapid.

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